

Harvard Business Manager*: „...From 2002 to 2008 for every invested dollar

2.71 dollar have flown back into the company

[Johnson&Johnson]. ... By now it is known that a strategically smart investment in the social, psychological, and physiological well-being of employees really pays out..."

Jenö Kleemann, Partner von Eurocres:

„Work places integrating physical activity into the daily work life present today a self-organised prophylactic measurement, which really addresses the cause of workplace related diseases. Not to be underestimated and particularly motivating is the fun-factor of the installed modules, which supports the employees' health awareness.“

First surveys with employees working in established ActiveOffice-worlds have shown that **89% feel an increase of physical activity in their everyday office-life**.

The American Journal of Managed Care**: „Employees that exercise

sufficiently, not only live a healthier life-style, they are also more productive and contribute to a significant increase of the firm's performance.“

In eight of 13 surveys carried out, the work place health programs in enterprises yielded positive effects on the employees. (2012)